

## Think about the advice your swallowing clinician may have given you. How would you rate the advice you've received in the following areas:

1. Foods I should eat.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
2. Foods I should avoid.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
3. Liquids I should drink.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
4. Liquids I should avoid.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
5. Techniques to help me get food down.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
6. Techniques to help me avoid choking.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
7. When I should contact a swallowing clinician.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
8. Goals of treatment for my swallowing problem.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
9. My treatm	9. My treatment options.								
Poor	Fair	Good	Very Good	Excellent	Outstanding				
10. What to do if I start to choke.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				
11. Signs that I am not getting enough to eat or drink.									
Poor	Fair	Good	Very Good	Excellent	Outstanding				

## We are interested in your feelings, good and bad, about the care you have received from your swallowing clinicians. In the last 3 months, how often have you felt that:

1. You had co	nfidence in your	swallowing cl	inician.					
Never	Sometimes	Usually	Always					
2. Your swallowing clinicals explained everything about your treatment to you								
Never	Sometimes	Usually	Always					
3. Your swallowing clinicians spent enough time with you.								
Never	Sometimes	Usually	Always					
4. Your swalld	wing cliniclians	put your need	ds first.					
Never	Sometimes	Usually	Always					

Adapted from McHorney CA, Martin-Harris B, Robbins J, Rosenbek J. Clinical validity of the SWAL-QOL and SWAL-CARE outcome tools with respect to bolus flow measures. Dysphagia 21(3) 141-8 (2006).