

Think about the advice your swallowing clinician may have given you. How would you rate the advice you've received in the following areas:

| 1. Foods I should eat. | | | | | | | | | |
|---|--------------------------|------|-----------|-----------|-------------|--|--|--|--|
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 2. Foods I should avoid. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 3. Liquids I should drink. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 4. Liquids I should avoid. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 5. Techniques to help me get food down. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 6. Techniques to help me avoid choking. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 7. When I should contact a swallowing clinician. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 8. Goals of treatment for my swallowing problem. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 9. My treatm | 9. My treatment options. | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 10. What to do if I start to choke. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |
| 11. Signs that I am not getting enough to eat or drink. | | | | | | | | | |
| Poor | Fair | Good | Very Good | Excellent | Outstanding | | | | |

We are interested in your feelings, good and bad, about the care you have received from your swallowing clinicians. In the last 3 months, how often have you felt that:

| 1. You had co | nfidence in your | swallowing cl | inician. | | | | | |
|---|------------------|---------------|-----------|--|--|--|--|--|
| Never | Sometimes | Usually | Always | | | | | |
| 2. Your swallowing clinicals explained everything about your treatment to you | | | | | | | | |
| Never | Sometimes | Usually | Always | | | | | |
| 3. Your swallowing clinicians spent enough time with you. | | | | | | | | |
| Never | Sometimes | Usually | Always | | | | | |
| 4. Your swalld | wing cliniclians | put your need | ds first. | | | | | |
| Never | Sometimes | Usually | Always | | | | | |

Adapted from McHorney CA, Martin-Harris B, Robbins J, Rosenbek J. Clinical validity of the SWAL-QOL and SWAL-CARE outcome tools with respect to bolus flow measures. Dysphagia 21(3) 141-8 (2006).