

Spirometry with Bronchodilator Examples of Medications to Withhold

Short-Acting Beta₂-Agonist Bronchodilators (SABA)

Relax tight muscles in airways and offer quick relief of symptoms such as coughing, wheezing and shortness of breath for 3-6 hours.

Medication Name	Recommended Withholding Time (Hours)
ProAir [®] Digihaler, 117 mcg albuterol sulfate	6
ProAir [®] HFA, 110 mcg albuterol sulfate	6
ProAir RespiClick [®] , 117 mcg albuterol sulfate inhalation powder	6
Proventil [®] HFA, 120 mcg albuterol sulfate	6
Ventolin [®] HFA, 90 mcg albuterol sulfate	6
Xopenex HFA [®] , 59 mcg levalbuterol tartrate	6

Long-Acting Beta₂-Agonist Bronchodilators (LABA)

Relax tight muscles in airways and offer lasting relief of symptoms such as coughing, wheezing and shortness of breath for at least 12 hours.

Medication Name	Recommended Withholding Time (Hours)
Arcapta [™] Neohaler [™] , 75 mcg indacaterol inhalation powder	12
Serevent [®] Diskus [®] , 50 mcg salmeterol xinafoate inhalation powder	12
Striverdi® Respimat®, 2.5 mcg olodaterol hydrochloride	12

Long-Acting Beta₂-Agonist Bronchodilators (LABA) combined with Inhaled Corticosteroids

Medication Name	Recommended Withholding Time (Hours)
Advair Diskus [®] , 100/50, 250/50, 500/50 mcg fluticasone propionate and	12
salmeterol inhalation powder	
Advair [®] HFA, 45/21, 115/21, 230/21 mcg fluticasone propionate and	12
salmeterol xinafoate	
AirDuo [™] Respiclick [®] , 55/14, 113/14, 232/14 mcg fluticasone propionate and	12
salmeterol inhalation powder	
Wixela [™] Inhub [™] , 100/50, 250/50, 500/50 mcg fluticasone propionate and	12
salmeterol xinafoate (approved generic of Advair Diskus)	
Breo [®] Ellipta [®] , 100/25, 200/25 mcg fluticasone furoate and vilanterol	12
inhalation powder	
Dulera [®] , 100/5, 200/5 mcg mometasone furoate and formoterol fumarate	12
dehydrate	
Symbicort [®] , 80/4.5, 160/4.5 mcg budesonide and formoterol fumarate	12
dehydrate	



Long-Acting Beta₂-Agonist Bronchodilators (LABA) combined with Long Acting Muscarinic Antagonist (LAMA)

Medication Name	Recommended Withholding Time (Hours)
Anoro [®] Ellipta [®] , 62.5/25 mcg umeclidinium and vilanerol inhalation powder	12
Bevespi Aerosphere [®] , 9/4.8 mcg glycopyrrolate and formoterol fumarate	12
Stiolto [™] Respimat [®] , 2.5/2.5 mcg tiotropium bromide and olodaterol	12
Utibron [™] Neohaler [®] , 27.5/15.6 mcg indacaterol and glycopyrrolate	12
inhalation powder	

Long-Acting Beta₂-Agonist Bronchodilators (LABA) combined with Inhaled Corticosteroids and Long Acting Muscarinic Antagonist (LAMA)

Medication Name	Recommended Withholding Time (Hours)
Trelegy [®] Ellipta [®] , 100/62.5, 5/25 mcg fluticasone furoate, umeclidinium and	12
vilanterol inhalation powder	

Short-Acting Anticholinergic

Relieve cough, sputum production, wheeze and chest tightness associated with chronic lung diseases

Medication Name	Recommended Withholding Time (Hours)
Atrovent [®] , HFA 17 mcg ipratropium bromide	6

Short-Acting Anticholinergic combined with Short-Acting Beta2-Agonist Bronchodilators (SABA)

Medication Name	Recommended Withholding Time (Hours)
Combivent® Respimat®, 200/100 mcg ipratropium bromide and albuterol	6

Long-Acting Anticholinergic

Medication Name	Recommended Withholding Time (Hours)
Incruse [®] Ellipta [®] , 62.5 mcg umeclidinium inhalation powder	24
Seebri [™] Neohaler [®] , 15.6 mcg glycopyrrolate inhalation powder	24
Spiriva [®] HandiHaler [®] , 18 mcg tiotropium bromide inhalation powder	24
Spiriva [®] Respimat [®] , 1.25, 2.5 mcg tiotropium bromide	24
Tudorza [™] Pressair [™] , 400 mcg aclidinium bromide inhalation powder	24