

Spirometry with Bronchodilator Examples of Medications to Withhold

Short-Acting Beta₂-Agonist Bronchodilators (SABA)

Relax tight muscles in airways and offer quick relief of symptoms such as coughing, wheezing and shortness of breath for 3-6 hours.

| Medication Name | Recommended Withholding Time (Hours) |
|--|---|
| ProAir [®] Digihaler, 117 mcg albuterol sulfate | 6 |
| ProAir [®] HFA, 110 mcg albuterol sulfate | 6 |
| ProAir RespiClick [®] , 117 mcg albuterol sulfate inhalation powder | 6 |
| Proventil [®] HFA, 120 mcg albuterol sulfate | 6 |
| Ventolin [®] HFA, 90 mcg albuterol sulfate | 6 |
| Xopenex HFA [®] , 59 mcg levalbuterol tartrate | 6 |

Long-Acting Beta₂-Agonist Bronchodilators (LABA)

Relax tight muscles in airways and offer lasting relief of symptoms such as coughing, wheezing and shortness of breath for at least 12 hours.

| Medication Name | Recommended Withholding Time (Hours) |
|---|---|
| Arcapta [™] Neohaler [™] , 75 mcg indacaterol inhalation powder | 12 |
| Serevent [®] Diskus [®] , 50 mcg salmeterol xinafoate inhalation powder | 12 |
| Striverdi® Respimat®, 2.5 mcg olodaterol hydrochloride | 12 |

Long-Acting Beta₂-Agonist Bronchodilators (LABA) combined with Inhaled Corticosteroids

| Medication Name | Recommended Withholding Time (Hours) |
|--|---|
| Advair Diskus [®] , 100/50, 250/50, 500/50 mcg fluticasone propionate and | 12 |
| salmeterol inhalation powder | |
| Advair [®] HFA, 45/21, 115/21, 230/21 mcg fluticasone propionate and | 12 |
| salmeterol xinafoate | |
| AirDuo [™] Respiclick [®] , 55/14, 113/14, 232/14 mcg fluticasone propionate and | 12 |
| salmeterol inhalation powder | |
| Wixela [™] Inhub [™] , 100/50, 250/50, 500/50 mcg fluticasone propionate and | 12 |
| salmeterol xinafoate (approved generic of Advair Diskus) | |
| Breo [®] Ellipta [®] , 100/25, 200/25 mcg fluticasone furoate and vilanterol | 12 |
| inhalation powder | |
| Dulera [®] , 100/5, 200/5 mcg mometasone furoate and formoterol fumarate | 12 |
| dehydrate | |
| Symbicort [®] , 80/4.5, 160/4.5 mcg budesonide and formoterol fumarate | 12 |
| dehydrate | |



Long-Acting Beta₂-Agonist Bronchodilators (LABA) combined with Long Acting Muscarinic Antagonist (LAMA)

| Medication Name | Recommended Withholding Time (Hours) |
|--|---|
| Anoro [®] Ellipta [®] , 62.5/25 mcg umeclidinium and vilanerol inhalation powder | 12 |
| Bevespi Aerosphere [®] , 9/4.8 mcg glycopyrrolate and formoterol fumarate | 12 |
| Stiolto [™] Respimat [®] , 2.5/2.5 mcg tiotropium bromide and olodaterol | 12 |
| Utibron [™] Neohaler [®] , 27.5/15.6 mcg indacaterol and glycopyrrolate | 12 |
| inhalation powder | |

Long-Acting Beta₂-Agonist Bronchodilators (LABA) combined with Inhaled Corticosteroids and Long Acting Muscarinic Antagonist (LAMA)

| Medication Name | Recommended Withholding Time (Hours) |
|--|---|
| Trelegy [®] Ellipta [®] , 100/62.5, 5/25 mcg fluticasone furoate, umeclidinium and | 12 |
| vilanterol inhalation powder | |

Short-Acting Anticholinergic

Relieve cough, sputum production, wheeze and chest tightness associated with chronic lung diseases

| Medication Name | Recommended Withholding Time (Hours) |
|--|---|
| Atrovent [®] , HFA 17 mcg ipratropium bromide | 6 |

Short-Acting Anticholinergic combined with Short-Acting Beta2-Agonist Bronchodilators (SABA)

| Medication Name | Recommended Withholding Time (Hours) |
|---|---|
| Combivent® Respimat®, 200/100 mcg ipratropium bromide and albuterol | 6 |

Long-Acting Anticholinergic

| Medication Name | Recommended Withholding Time (Hours) |
|--|---|
| Incruse [®] Ellipta [®] , 62.5 mcg umeclidinium inhalation powder | 24 |
| Seebri [™] Neohaler [®] , 15.6 mcg glycopyrrolate inhalation powder | 24 |
| Spiriva [®] HandiHaler [®] , 18 mcg tiotropium bromide inhalation powder | 24 |
| Spiriva [®] Respimat [®] , 1.25, 2.5 mcg tiotropium bromide | 24 |
| Tudorza [™] Pressair [™] , 400 mcg aclidinium bromide inhalation powder | 24 |