# A minimally invasive alternative to open heart surgery

Aortic valve stenosis is the most common heart valve condition and approximately one-third of patients diagnosed with it are not eligible for open heart surgery. Luckily for Valley residents, Community Medical Centers now offers Transcatheter Aortic Valve Replacement (TAVR), a minimally invasive procedure that allows physicians to replace the aortic valve without a chest incision. Patients benefit from improved blood circulation, a rapid recovery and most importantly, a chance for a better, longer life.





Community Regional Medical Center 140 N. Clark Street

Fresno Heart & Surgical Hospital 15 E Audubon Drive Fresno, CA 93720

CommunityMedical.org/heart

Contact TAVR coordinator **559.459.4AVR (4287)** or email **cmcheart@communitymedical.org** to see if you're a candidate for TAVR.

resno Heart & Surgical Hospital



#### Minimally Invasive Aortic Valve Replacement



Transcatheter Aortic Valve Replacement (TAVR)



#### A new cardiac procedure, a new lease on life

Unlike traditional aortic valve replacement requiring the surgeon to cut open the chest to replace the diseased valve, Transcatheter Aortic Valve Replacement (TAVR) allows the physician to replace the valve through a small incision in the leg.

### The only TAVR clinic in the Valley

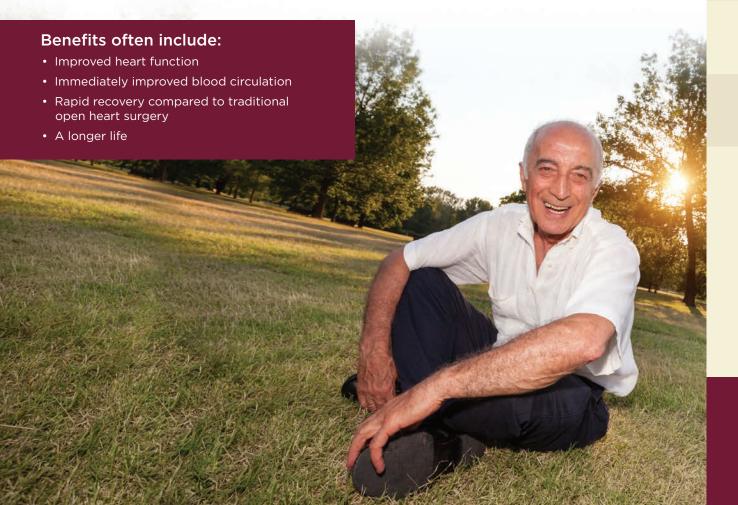
Community Medical Centers is the only hospital system in the region to offer this minimally invasive cardiac procedure. This is just another example of how Community leads the way in providing the latest medical advances for our community, providing a new option for patients who previously had few solutions, if any, for severe aortic stenosis.

## Are you a candidate for TAVR?

If you or someone you know is suffering from aortic valve stenosis, you should learn more about TAVR.

Community screens all patients before seeing a TAVR physician to ensure TAVR is the recommended treatment. Community's valve replacement team will analyze diagnostic tests and report back to your physician.

- All of your previous test results, medical history and your case will be evaluated by the TAVR team.
- 2. You will be scheduled for screening tests, which include a CT, Echocardiogram and a heart catheterization.
- 3. Upon completion of the screening tests, you will be scheduled for an examination and evaluation with the TAVR team. At this appointment, our multidisciplinary team of heart surgeons, cardiologists and nurses will meet with you and review all of your test results. They will clearly explain the procedure as well as the risks and benefits to you and your family.



Contact the valve clinic coordinator at 559.459.4AVR (4287) or email cmcheart@communitymedical.org.