

Your Financial Health

ATTEND A RETIREMENT OUTLOOK SEMINAR

60-MINUTE SEMINAR: INVESTING 101 – RETIREMENT PLANNING ESSENTIALS

You should attend if you are enrolled in the plan and want to learn about saving and investing.

This seminar highlights the importance of taking a long-term approach and describes key concepts such as diversification, risk tolerance, and rebalancing. If you're interested in saving more, the experts can help!

90-MINUTE SEMINAR: GET READY TO RETIRE

You should attend if you are age 55 or over (ideally within five years of retiring).

This seminar provides a glimpse into the five key areas of retirement – lifestyle, investments, health care, protection and income – each critical to a successful, sustainable plan for the transition immediately to and through retirement. If you're getting ready to transition into retirement, this seminar can help you answer the simple yet challenging question: *Can I retire? If not now, when? If now, how?*

Registration is required. See the seminar schedule below and sign up through HLC to reserve your spot. [Click here for the HLC sign-up instructions.](#) (Access HLC from the Forum homepage. Links to the Forum only work when logged into the network.)

JANUARY 2017 SCHEDULE

COMMUNITY REGIONAL MEDICAL CENTER

Monday, Jan. 23	Investing 101	TCCB-3 Conf. Room	8:00 – 9:00 a.m.
Monday, Jan. 23	Investing 101	TCCB-3 Conf. Room	9:30 – 10:30 a.m.
Tuesday, Jan. 24	Investing 101	Sequoia East Conf. Room	3:30 – 4:30 p.m.
Tuesday, Jan. 24	Get Ready to Retire	Sequoia East Conf. Room	5:00 – 6:30 p.m.
Thursday, Jan. 26	Investing 101	Sequoia West Conf. Room	10:30 – 11:30 a.m.
Thursday, Jan. 26	Investing 101	Sequoia West Conf. Room	Noon – 1:00 p.m.

CLOVIS COMMUNITY MEDICAL CENTER

Monday, Jan. 23	Investing 101	Outpatient Care Conf. Room	Noon – 1:00 p.m.
Tuesday, Jan. 24	Investing 101	Outpatient Care Conf. Room	8:00 – 9:00 a.m.
Tuesday, Jan. 24	Investing 101	Outpatient Care Conf. Room	9:30 – 10:30 a.m.
Wednesday, Jan. 25	Get Ready to Retire	Outpatient Care Conf. Room	5:00 – 6:30 p.m.

FRESNO HEART & SURGICAL HOSPITAL

Monday, Jan. 23	Investing 101	Riverpark B Conf. Room	3:30 – 4:30 p.m.
Monday, Jan. 23	Get Ready to Retire	Riverpark B Conf. Room	5:00 – 6:30 p.m.
Wednesday, Jan. 25	Investing 101	Riverpark B Conf. Room	8:00 – 9:00 a.m.
Wednesday, Jan. 25	Investing 101	Riverpark B Conf. Room	Noon – 1:00 p.m.

COMMUNITY PLAZA EAST

Tuesday, Jan. 24	Investing 101	Auditorium 1	12:00 – 1:00 p.m.
Thursday, Jan. 26	Investing 101	Auditorium 1	8:00 – 9:00 a.m.
Thursday, Jan. 26	Investing 101	Auditorium 1	3:00 – 4:00 p.m.
Thursday, Jan. 26	Get Ready to Retire	Auditorium 1	4:30 – 6:00 p.m.