

(To assure prompt scheduling, all sections of referral form must be completed)

Contact Person: _____ Phone # _____ Fax # _____

Referring Physician _____ Primary Physician (if different) _____

Patient's
Name: Last _____ First _____ DOB _____ Language:(preferred) _____

SSN # _____

Address: _____ Apt # _____ City: _____ State: _____ Zip _____

Primary Phone # (_____) _____ Cell Phone #: (_____) _____

***Please FAX a copy of the patient's insurance card / demographic / HMO / Authorization forms and referrals**

Name of Insurance: Primary: _____ Secondary: _____

***POS, EO, PPO Insurance(s): Covered benefit of education classes** Yes No (Please mark box)

INTERPLAN, TRICARE, CCS: Authorization Form Attached Yes No

HMO Referral Attached: Yes No

Indicate any barriers to group learning, requiring 1:1 education: check all that apply

- Impaired vision Impaired mobility Impaired hearing
 Language barrier Learning difficulty Impaired mental status / cognition
 Eating Disorder 1:1 Insulin Training Other _____

**DIABETES SELF-MANAGEMENT EDUCATION AND SUPPORT
(DSMES)**

MEDICAL NUTRITION THERAPY (MNT)

- Initial Comprehensive DSMT: 10 hours *
 DSMES: Follow-up (2 hrs) *
 Medical Nutrition Therapy (MNT) initial – 3 hrs**
 MNT: Follow up (2 hrs)**
 Specific Topics and Hours if needs vary from above: _____

* DSMES can be ordered by an MD, DO or midlevel provider
managing the patient's diabetes

** MNT must be ordered by MD or DO, is a covered Medicare benefit

Diagnosis

- Type 1 DM controlled Type 1 DM, uncontrolled
 Type 2 DM controlled Type 2 DM, uncontrolled
 Pre-conception counseling ICD 10: _____

Please attach the following labs report with the referral:

A1C (within 3 month) required prior to referral
Labs: within the past 12 months: Lipid Panel / Microalbumin

Labs will be ordered for: A1c*, Lipid Panel and Microalbumin if not sent
with referral

*A1c will be repeated while enrolled in DSMES Program

DIABETES IN PREGNANCY PROGRAM

(Includes education and treatment under protocols)

Pre-Existing DM with Pregnancy

- Diabetes, Type 1
 Diabetes, Type 2
 Pre-Diabetes (prior to pregnancy)
 Gestational Diabetes

Labs Required

A1c _____ Date: _____

50 gm GTT Results _____ Date: _____

Fasting Glucose _____ Date: _____

Random Glucose _____ Date: _____

100 gm (3 hrs) or 75 gm (2 hrs) GTT Date: _____

Fasting _____ (95/92)

1 hour _____ (180)

2 hour _____ (155/153)

3 hour _____ (140)

EDD (Required) _____

Adapted from the American Diabetes Association Education Recognition Program, 2016

Physician Signature (Required) _____ Date: _____

Community Diabetes Center
Physician Referral and Order Form

