<table>
<thead>
<tr>
<th>Nutrients</th>
<th>Description</th>
<th>Serving Size</th>
<th>Calories per mL</th>
<th>Calories (kcal)</th>
<th>Protein (g)</th>
<th>CHO (g)</th>
<th>Fat (g)</th>
<th>Osmolality (mOsm/kg)</th>
<th>Fiber (g)</th>
<th>Water (%)</th>
<th>Na (mg)</th>
<th>K (mg)</th>
<th>Ca (mg)</th>
<th>P (mg)</th>
</tr>
</thead>
<tbody>
<tr>
<td>BOOST PLUS®</td>
<td>Nutritionally Complete with 360 Calories Calorically Dense</td>
<td>237 mL</td>
<td>1.5</td>
<td>360</td>
<td>14</td>
<td>45</td>
<td>14</td>
<td>670</td>
<td>3</td>
<td>78%</td>
<td>200</td>
<td>360</td>
<td>350</td>
<td>300</td>
</tr>
<tr>
<td>BOOST GLUCOSE</td>
<td>Balanced Nutritional Drink for People with Diabetes / Glucose Management</td>
<td>237 mL</td>
<td>1.06</td>
<td>250</td>
<td>14</td>
<td>23</td>
<td>12</td>
<td>400</td>
<td>3</td>
<td>84%</td>
<td>270</td>
<td>260</td>
<td>250</td>
<td>200</td>
</tr>
<tr>
<td>CONTROL®</td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>BOOST® BREEZE</td>
<td>Fruit-Flavored, Clear-Liquid Nutritional Beverage</td>
<td>237 mL</td>
<td>1.06</td>
<td>250</td>
<td>9</td>
<td>54</td>
<td>0</td>
<td>750</td>
<td>0</td>
<td>83%</td>
<td>80</td>
<td>0</td>
<td>0</td>
<td>150</td>
</tr>
<tr>
<td>NOVASOURCE® RENAL</td>
<td>Calorically Dense, Nutritionally Complete Formula Designed to Meet the Unique Needs of Patients with Renal Disease, For Patients on Dialysis</td>
<td>237 mL</td>
<td>2.0</td>
<td>475</td>
<td>21.6</td>
<td>43.5</td>
<td>23.8</td>
<td>800</td>
<td>0</td>
<td>72%</td>
<td>225</td>
<td>225</td>
<td>200</td>
<td>195</td>
</tr>
<tr>
<td>BENEPROTEIN®</td>
<td>Made from High-Quality Whey Protein</td>
<td>1 Scoop (7 g Packet)</td>
<td>N/A</td>
<td>25</td>
<td>6</td>
<td>0</td>
<td>0</td>
<td>N/A</td>
<td>N/A</td>
<td>N/A</td>
<td>15</td>
<td>30</td>
<td>20</td>
<td>0</td>
</tr>
<tr>
<td>ARGINAID EXTRA®</td>
<td>Arginine-Intensive Fruit-Flavored Clear Liquid Beverage to Help Support Wound Management</td>
<td>237 mL</td>
<td>1.06</td>
<td>250</td>
<td>10.5</td>
<td>52</td>
<td>0</td>
<td>1340</td>
<td>0</td>
<td>83%</td>
<td>110</td>
<td>5</td>
<td>0</td>
<td>850</td>
</tr>
<tr>
<td>Suplena® with Carb</td>
<td>Chronic Kidney Disease (Stages 3 &amp; 4), (or for Patients Not on Dialysis)</td>
<td>237 mL</td>
<td>1.8</td>
<td>425</td>
<td>10.6</td>
<td>46.4</td>
<td>22.7</td>
<td>780</td>
<td>3</td>
<td>74%</td>
<td>190</td>
<td>270</td>
<td>250</td>
<td>170</td>
</tr>
<tr>
<td>Steady®</td>
<td></td>
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</tr>
<tr>
<td>OPTISOURCE® VERY</td>
<td>Specially Designed to Help Post-Bariatric Surgery Patients Obtain Adequate Protein and Maintain Muscle Tissue</td>
<td>4 fl oz.</td>
<td>0.85</td>
<td>100</td>
<td>12</td>
<td>6</td>
<td>3</td>
<td>150</td>
<td>0</td>
<td>85%</td>
<td>70</td>
<td>70</td>
<td>150</td>
<td>150</td>
</tr>
<tr>
<td>HIGH PROTEIN DRINK</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
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<td></td>
</tr>
<tr>
<td>MAGIC CUP®</td>
<td>Weight Loss Intervention, Alternative to Frozen Liquid Supplements Dysphagia / Swallowing Disorders</td>
<td>4 oz.</td>
<td>N/A</td>
<td>290</td>
<td>9</td>
<td>38</td>
<td>11</td>
<td>N/A</td>
<td>0</td>
<td>N/A</td>
<td>110</td>
<td>360</td>
<td>150</td>
<td>150</td>
</tr>
<tr>
<td>MIGHTYSHAKES® No Sugar Added</td>
<td>Fortified Frozen Supplement Involuntary Weight Loss</td>
<td>4 oz.</td>
<td>N/A</td>
<td>200</td>
<td>7</td>
<td>20</td>
<td>10</td>
<td>N/A</td>
<td>1</td>
<td>N/A</td>
<td>85</td>
<td>230</td>
<td>150</td>
<td>150</td>
</tr>
<tr>
<td>MIGHTYSHAKES® Plus</td>
<td>Fortified Frozen Supplement Involuntary Weight Loss</td>
<td>4 oz.</td>
<td>N/A</td>
<td>240</td>
<td>8</td>
<td>31</td>
<td>10</td>
<td>N/A</td>
<td>0</td>
<td>N/A</td>
<td>60</td>
<td>160</td>
<td>150</td>
<td>150</td>
</tr>
</tbody>
</table>

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July 2014
Contact: 559-324-4070 (x44070)

The Nestlé HealthCare Nutrition Product Guide is now available for select Android or Apple smartphones and tablet devices.
Scan code
### Nutrients Description

#### FIBERSOURCE® HN
- **High Protein, Fiber-Containing Tube Feeding Formula**
  - Calories per mL: 1.2
  - Calories (kcal): 1200
  - Protein (g): 54
  - Soy Protein Isolate: 160
  - CHO (g): 39
  - Carbohydrate Source: Canola Oil, MCT Oil
  - Fat (g): 10
  - Fiber (g): 490
  - Fat Source: 81% 1200 1900 1000 1000

#### DIABETISOURCES® AC
- **Designed to Meet the Unique Nutritional Needs of Patients with Diabetes and Stress-Induced Hyperglycemia**
  - Calories per mL: 1.2
  - Calories (kcal): 1200
  - Protein (g): 60
  - Soy Protein, L-Arginine: 100
  - CHO (g): 58.8
  - Carbohydrate Source: Canola Oil, Refined Fish Oil
  - Fat (g): 15.2
  - Fiber (g): 450
  - Fat Source: 82% 1060 1600 800 800

#### ISOSOURCE® HN
- **High-Nitrogen Standard Tube Feeding Formula**
  - Calories per mL: 1.2
  - Calories (kcal): 1200
  - Protein (g): 53.6
  - Soy Protein Isolate: 160
  - CHO (g): 39.2
  - Carbohydrate Source: Canola Oil, MCT Oil
  - Fat (g): 0
  - Fiber (g): 490
  - Fat Source: 82% 1120 1900 1200 1200

#### ISOSOURCE® 1.5 CAL
- **Calorically Dense, Fiber-Containing for Tube Feeding**
  - Calories per mL: 1.5
  - Calories (kcal): 1500
  - Protein (g): 67.6
  - Sodium and Calcium Caseinates (Milk): 168
  - CHO (g): 84.8
  - Carbohydrate Source: Canola Oil, MCT Oil, Soybean Oil
  - Fat (g): 585 - 650
  - Fiber (g): 78% 1300 2140 1072 1020

#### NOVASOURCE® RENAL
- **Calorically Dense, Nutritionally Complete Formula Designed to Meet the Unique Needs of Patients with Renal Disease, For patients on Dialysis**
  - Calories per mL: 2.0
  - Calories (kcal): 2000
  - Protein (g): 90.7
  - Sodium and Calcium Caseinates, Soy Protein Isolate: 183
  - CHO (g): 100
  - Carbohydrate Source: Canola Oil
  - Fat (g): 0
  - Fiber (g): 800
  - Fat Source: 72% 945 945 840 819

#### Suplena®, with Carb Steady®
- **Chronic Kidney Disease (Stages 3 & 4), (or for Patients Not on Dialysis)**
  - Calories per mL: 1.8
  - Calories (kcal): 1800
  - Protein (g): 45
  - Milk Protein Isolate, Sodium Caseinate: 196
  - CHO (g): 96
  - Carbohydrate Source: High Oleic Safflower Oil, Canola Oil
  - Fat (g): 12.7
  - Fiber (g): 780
  - Fat Source: 74% 802 1139 1055 717

#### NUTRIHEP®
- **Formulated to Help Decrease Metabolic End-Products in Patients with Hepatic Disease**
  - Calories per mL: 1.5
  - Calories (kcal): 1500
  - Protein (g): 40
  - Crystalline L-Amino Acids, Whey Protein Concentrate: 290
  - CHO (g): 21.2
  - Carbohydrate Source: MCT Oil, Canola Oil, Corn Oil
  - Fat (g): 0
  - Fiber (g): 790
  - Fat Source: 76% 1300 956 1000

#### VIVONEX® RTF
- **Ready-to-Feed, Low Fat, 100% Free Amino Acid Formula**
  - Calories per mL: 1.0
  - Calories (kcal): 1000
  - Protein (g): 50
  - Free Amino Acids (29% From BCAA): 176
  - CHO (g): 11.6
  - Carbohydrate Source: MCT Oil, Soybean Oil, Canola Oil
  - Fat (g): 0
  - Fiber (g): 630
  - Fat Source: 85% 700 1200 668 668

#### PEPTAMEN® BARIATRIC
- **For the Acutely Ill Patient with Obesity Peptide-Based Very High Protein Tube Feeding**
  - Calories per mL: 1.0
  - Calories (kcal): 1000
  - Protein (g): 93.2
  - Enzymatically Hydrolyzed Whey Protein: 78
  - CHO (g): 38
  - Carbohydrate Source: MCT Oil, Soybean Oil, Canola Oil
  - Fat (g): 4.4
  - Fiber (g): 345
  - Fat Source: 84% 670 1330 670 670

#### PEPTAMEN® WITH PREBIO1™
- **The Well-Tolerated GI Formula with a Unique Blend of Prebiotic Fibers, Peptide-Based**
  - Calories per mL: 1.0
  - Calories (kcal): 1000
  - Protein (g): 40
  - Enzymatically Hydrolyzed Whey Protein: 128
  - CHO (g): 39.2
  - Carbohydrate Source: MCT Oil, Soybean Oil, Canola Oil
  - Fat (g): 4
  - Fiber (g): 300
  - Fat Source: 85% 560 1500 800 700

#### NUTREN® PULMONARY
- **Modified Carbohydrate and Balanced Fat Profile for Better Tolerance, Pulmonary**
  - Calories per mL: 1.5
  - Calories (kcal): 1500
  - Protein (g): 68
  - Calcium-Potassium Caseinate: 100
  - CHO (g): 94.8
  - Carbohydrate Source: MCT Oil, Soybean Oil, Canola Oil
  - Fat (g): 0
  - Fiber (g): 330 - 450
  - Fat Source: 78% 1168 1672 1200 1200

### Modifications Description

- **Chopped**: Foods prepared to ordered texture.
- **Ground/Minced**: Pureed
- **Pureed**: Nectar Thick Liquids
- **Nectar Thick Liquids**: Honey Thick Liquids
- **Honey Thick Liquids**: Pudding Thick Liquids

### Diet Order Provides

- **Clear Liquid**: Transitional, temporary diet consisting of clear liquids.
- **Diabetic**: Carbohydrate controlled. Incorporates the principles of the Heart Healthy Diet.
- **Diabetic Pregnancy**: Carbohydrate Controlled. Six meals/snacks per day. No sodium restriction.
- **Full Liquid**: Transitional, temporary diet consisting of liquids & semi solids.
- **Very High Protein Tube Feeding for Better Tolerance, Pulmonary**: GI Bland/ Low Fiber. Low fiber, non-spicy, easily digested foods.
- **Heart Healthy**: Limits sodium to <2300mg/day. Limits fat and cholesterol.
- **Regular**: Unrestricted meals.
- **Renal Hemodialysis**: Unrestricted protein: <2300mg Na, <2400mg K, <1000mg Phos per day.
- **Renal Peritoneal Dialysis**: Unrestricted protein and potassium. <2300mg Na, <1000mg Phos per day.
- **Renal Pre-Dialysis**: Limits protein to <60 grams per day. <2300mg Na, <2400mg K, <1000mg Phos per day.
- **Bariatric Clear Liquid**: Sugar free clear liquids. No carbonated beverages. Transitional.
- **Bariatric Full Liquid**: Full Liquids and semi solids with limited carbohydrate. No bread products or carbonated beverages. Transitional.
- **Bariatric Solid**: Low carbohydrate, low fat solids with emphasis on protein. No bread products or carbonated beverages.

*For detailed diet information, please refer to the CCMC Diet Manual on The Forum.*

*Disclaimer: All nutritional information is obtained from the product literature available upon the date of issue and is subject to change. Specific nutritional information, please consult the manufacturer. For assistance in Nestlé product selection and clinical application, call Nestlé at 1-800-422-ASK2 (2752). In addition, please note the following PEPTAMEN® formulas contain milk protein. May not be appropriate for individuals with cow's milk protein allergy. © 2014 Nestlé. All rights reserved.*