

### ♥ DINING

Wholesome, nourishing, tasty and well-balanced meals are planned in coordination with a registered dietitian and our qualified chefs. Patients are provided with menus with meal selection choices consistent with any dietary parameters ordered by their physician. Please communicate any food dislikes and allergies to your caregiver as well as our food services wait staff and dietitians. It is important to be aware that certain diet restrictions, medications, and/or illness may decrease your enjoyment of food at this time.

In addition, you may request to speak with a clinical dietitian to discuss your nutrition therapy and/or diet education needs at any time.

Wait staff from the Food Services department will take your order and serve each meal. Patients are served breakfast between 7:00 a.m. - 9:00 a.m., lunch between 12:00 noon - 2:00 p.m. and dinner between 5:00 p.m. - 7:00 p.m. It is our goal to assure you enjoy your meals, so if there is anything we can do in this regard, please let wait staff, the dietitian or your caregiver know.

The wait staff will gladly provide a tray to a patient's family member or guest for a nominal cost.

### ♥ FOOD FROM HOME

We discourage patients and their families from bringing in prepared foods from home. Sometimes for cultural reasons, patients will only eat foods familiar to them. If this is your preference, please notify your caregiver. If you have been prescribed a special diet because of your medical condition, your caregiver may need to obtain permission from your physician for you to bring in food from home. If approved, we ask that you follow basic food safety guidelines to assure safety of all food brought in from home. When transporting food from home, drive directly to the hospital to minimize the amount of time that the food is at room temperature thereby reducing the possibility of food borne illnesses. During hot weather, place food in an ice chest. Food from home should be reheated and eaten as soon as possible. Please note that we are not allowed to store/refrigerate any prepared food brought in from home.