

## Nerve Conduction/ Electromyogram

The first part of the procedure is a nerve conduction study where the nerves will be stimulated with small electric shocks. In the second part, the electrical activity of the muscles is studied with a special, thin needle. There may be a 30 minute warm-up time prior to the test.

- **Please arrive 30min. before your appointment time** to register at the **Reception Desk** located in the Outpatient Care Center lobby at Clovis Community Medical Center.
- Wear a short sleeved shirt if your hands and arms are to be examined and/ or shorts if your legs and feet are to be examined.
- Do not apply body and/or hand lotion to your skin prior to the test.
- Please tell us if you:
  - Have any bleeding tendency
  - Are taking Coumadin
  - Are taking Aspirin, ibuprofen, or similar medications
  - Have a fever
  - Have a pacemaker or intravenous catheter.
- This test will take approximately **60 minutes** to perform. Occasionally, some tests may take longer.
- **Please bring all medications** that you are currently taking including those prescribed by doctors from outside of the Community Medical Centers-Clinics.
- **Please call (559)-324-4977**
  - If you need to cancel or reschedule (**48 hours ahead of time**).
  - If you have any other questions or concerns that could not be answered with these instructions.

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### *Driving Directions*

<p><b><u>From southbound HWY 99</u></b>            Travel south on HWY 99            Take the Herndon Ave exit            Turn left (east) on Herndon Ave            Continue east on Herndon for about 14.5 miles            Turn left on Temperance Ave, hospital will be on the right</p>	<p><b><u>From eastbound HWY 180</u></b>            Travel East on HWY 180 to HWY 168 EAST            Take HWY 168 to the Temperance Ave exit            Turn right (south) on Temperance Ave            The hospital will be on the left</p>
<p><b><u>From northbound HWY 99</u></b>            Travel north on HWY 99 to HWY 41 NORTH            Take HWY 41 to HWY 180 EAST            Take HWY 180 to HWY 168 EAST            Take HWY 168 to the Temperance Ave exit            Turn right on Temperance Ave, hospital will be on the left</p>	<p><b><u>From Fresno</u></b>            The best route for patients coming from Fresno depends on freeway access near their point of departure. The two most commonly used routes are HWY 168 EAST and Herndon Ave</p>

**Neurodiagnostics Laboratory**  
 at Clovis Community Medical Center  
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