



## Welcome to the Leon S. & Pete P. Peters future generations center at Clovis Community Medical Center

Clovis Community Medical Center is proud to be the home of the Leon S. and Pete P. Peters Future Generations Center, one of the region's premier maternity and birthing care facilities.

The Peters Future Generations Center offers complete maternity services that ensure the highest quality maternity care available. The compassionate physicians and nursing staff provide physical and emotional support for mothers, babies and families before, during and after delivery.

Welcoming more than 3,000 newborns annually, Clovis Community's family birthing center is one of the most trusted and relied upon facilities in the central Valley.



CLOVIS  
COMMUNITY  
MEDICAL CENTER

Clovis, California 93611  
559-324-4000

[www.ClovisCommunity.org](http://www.ClovisCommunity.org)



## WELCOME TO CLOVIS COMMUNITY MEDICAL CENTER

***“We’re dedicated to making your stay the best it can be.”***

Clovis Community Medical Center employees are committed to providing excellent medical care and outstanding customer service to our patients and their families. We understand that most people don’t enjoy spending time in the hospital, so we promise to do our best to make your stay with us as comfortable as possible.

The mission of Community Medical Centers is “to improve the health status of the community and promote medical education.” It is a mission that we strive to fulfill through our outreach programs, affiliations, technological innovations, clinical expertise and compassionate care. If you have any suggestions that would help us deliver on this mission during your stay, please tell a member of our staff – we are happy to serve you.

In addition to excellent medical care, we are also concerned with making sure our patients’ loved ones have the best possible experience. We have wonderful amenities on site including the Everts’ Bistro, a gift shop, chapel and provide free Wi-Fi for convenient Internet access. RV parking is also available upon request. Our staff is available to assist families with any requests that may arise – and are dedicated to helping reduce possible stress or anxiety associated with your hospital visit.

Thank you for choosing Clovis Community Medical Center to serve your health care needs. We hope that you have a positive experience and will recommend us to your family and friends. *This is your community hospital* and we’re working hard to make sure it’s everything you and your family need it to be.

Sincerely,

A handwritten signature in blue ink that reads "Craig S. Castro".

Craig S. Castro  
Chief Executive Officer



## **Labor and Delivery**

The labor and delivery unit at the Peters Future Generations Center features 11 private birthing suites. Each room is designed with the best interests of the mother and baby in mind, combining the latest in modern technology with all the comforts of home. You'll find each room equipped with a specialized birthing bed which is comfortable for the mother during labor and can be quickly converted during delivery.

## **Cesarean Birth**

Should you need a Cesarean section (C-section) to deliver your baby, you can take comfort in knowing that the labor and delivery unit at the Peters Future Generations Center is fully staffed and equipped to provide this surgery.

## **Postpartum**

After the birth of your child, the remainder of your hospital stay provides a time for mother and baby to recuperate. The postpartum unit in the Peters Future Generations Center features 7 semi-private and 6 private rooms where highly experienced postpartum nurses help make you comfortable while you regain your strength. And, of course, there is room for a bassinet so babies stay with their mothers while they are in the hospital.

## **Newborn Nursery**

The newborn nursery in the Peters Future Generations Center features specialized equipment and expert staff to care for your baby. The nursery staff can answer questions about your baby and provide assistance to new parents.

There may be times while you are here that your baby needs to visit the nursery. Rest assured, specially trained nurses will be with your newborn to comfort and soothe them during their time away from mom.

## **Breastfeeding**

If you plan to breastfeed, our specially trained nurses and lactation specialists will get you started immediately. Before you are discharged home from the hospital, one of our lactation specialists will meet with you to assess how breastfeeding is going with your new infant, answer any questions you may have and offer support and education.



## **Heart to Heart Program:**

Heart to Heart Program – helping parents fall in love with their baby! Our Heart to Heart program is designed to allow for optimal time spent with your newborn. We are encouraging you to place your newborn skin to skin with you shortly after delivery and every 2-3 hours. There are many benefits that this skin to skin time will bring to you and your newborn baby.

The benefits for Baby:

- Stays warm against Mother's skin
- More calm and less crying
- Stable blood glucose

The benefits for Mother:

- Time to get to know your baby
- More touching and cuddling of baby
- The reward at the end of a long journey

The benefits for Mother and Baby:

- Better start at breastfeeding since baby is most alert
- Relieves pain during procedures like episiotomy repair for mother and heel sticks and injections for the baby

The benefits for Father:

- Build a special bond with their baby
- If mother is unable to do skin to skin Dad can offer the same benefit to the baby

Clovis Community Medical Center believes so much in the benefits of skin to skin that we will provide you with quiet time during your stay. Intimate time with your baby and help with establishing breastfeeding will be available.

## **Baby's First Precious Moments**

Clovis Community has partnered with Photo Nursery to capture those first precious photos. Photo Nursery has a representative on-site who will visit you and your baby in your room the day after delivery. For more information, please take a moment to visit the Photo Nursery website at [www.photonursery.com](http://www.photonursery.com) or call them at 1-888-277-3451.



## childbirth services

### **Infant Security**

Safety and security is a top priority at Clovis Community Medical Center. We have strict procedures in place to ensure the safety of your baby. The Peters Future Generations Center is a locked unit. To enter the labor and delivery and postpartum units, visitors must request access by using the intercom located outside of each area.

### **Declaration of Paternity**

When parents of a child are not married at the beginning of the pregnancy or at the birth of the child, the father may NOT be considered a legal parent with rights or responsibilities for the child. The Declaration of Paternity is a legal document that, when signed by both parents, identifies the man as the natural father of the child. You can sign the Declaration of Paternity to help the father gain legal rights as the child's father. When signed by both parents, the form will legally establish a parent-child relationship between the father and child.

After both parents sign the declaration and it is filed with the California Department of Child Support Services, it legally establishes a parent-child relationship between the father and the child. Once paternity is established, the father will have the legal rights and financial responsibilities of a parent under California Law.

For more information about the Declaration of Paternity, establishing parentage or child support, please contact the local child support agency, Family Law Facilitator's Office, legal services organization or contact a State POP Coordinator by calling (886) 249-0773 or send an e-mail to [askpop@dcss.ca.gov](mailto:askpop@dcss.ca.gov).



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preparation  
& education



Clovis Community Medical Center is dedicated to educating and properly preparing families expecting newborns. Offering facility tours and a range of education classes, the Peters Future Generations Center at Clovis Community Medical Center is committed to serving as a reliable resource for expecting parents. We look forward to meeting you soon!

## Maternity Tours

The tour of the Peters Future Generations Center offers adults (no children, please) a guided preview of the labor and delivery, postpartum, newborn nursery and admitting areas within the hospital.

Participating in a FREE informational tour allows you to see our maternity services before you need them and will acquaint you with the facility. Tours are offered every Monday evening at 7:30 pm at Clovis Community Medical Center. **The best time to take a tour of our facility is in the month prior to your due date. Please call Clovis Community at (559) 324-3773 to schedule your tour.**

## Childbirth Classes

To educate future parents, Clovis Community Medical Center offers instruction on issues vital to the childbirth and parenthood experiences. By taking part in these excellent programs taught by experienced professionals, parents-to-be can learn specific techniques as well as the most recent technological advancements in birthing care.

### **Online Childbirth Education Program – Cost: \$85/6 months access**

This is a perfect alternative for those who cannot attend a conventional prepared childbirth class due to bed rest, scheduling conflict or time constraints. This online program allows you to learn at your own pace and convenience to be prepared for your baby's birth. It is also useful as a refresher course for repeat parents.

### **Childbirth Preparation Series - Cost: \$85 per couple**

This four-week series of classes helps prepare the expectant mother and her support person for their labor and birth experience. Topics include understanding the labor and birth process, effective labor coaching, breathing, relaxation and massage techniques, possible medical options and comfort measures during labor. A hospital tour is included in this series. It is recommended to be completed approximately 4 weeks prior to the due date.

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## Childbirth Classes *continued...*

### **Prepared Childbirth (Private Class) - Cost: \$130 per couple**

This one-session class condenses the four-week series into 3 ½ hours of individualized instruction. It is designed to meet the needs of expectant parents who are seeking a private class option.

### **Prepared Childbirth (Weekend) - Cost: \$85 per couple**

This Friday evening and Saturday class condenses the information taught in the four-week series into a weekend.

**For more information about or to register for any of our childbirth classes, call (559) 324-3773.**

## Parent Education Classes

### **Breastfeeding Essentials - Cost: \$50 per couple**

This course covers the following topics related to breastfeeding: overcoming common problems and difficulties, nutrition, positions/proper latch-on, how the breast functions, how to know if your baby is getting enough to eat, scheduling considerations, milk expression techniques, milk storage and preparation, self-care and resources.

### **Newborn Care - Cost: \$50 per couple**

This course offers instruction on the following topics: newborn characteristics and abilities, the newborn in the hospital, the circumcision decision and procedures, non-circumcision care, the physical care of the infant, well-baby care, recognizing/treating common infant illnesses, choosing a doctor for your baby as well as car and crib safety.

### **Sibling Birth Preparation - Cost: \$10 for one child and \$5 for each additional child**

This is a class for big brothers- and sisters-to-be who are planning to attend the birth of their sibling. Children must be accompanied by their own "support person". This class prepares the child to be present at the birth of their sibling, and includes a hospital tour.

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## Parent Education Classes *continued*...

### **Mommy and Me - Cost: \$40 per person**

This is an educational support group for moms and their infants as old as nine months. The course consists of four classes and covers the following: life during and after postpartum, bonding and the tie that binds, establishing effective parenting roles and methods, learning to set priorities, maintaining “coupleness,” discovering your baby (growth, development and infant stimulation), toy selection, safety and health precautions as well as infant nutrition guidance.

### **Infant and Child Lifesaver - Cost: \$50 per couple**

This class provides American Heart Association CPR techniques for infants up to one year old and children up to eight years old. Also included are choking, accident prevention and emergency preparedness.

**For more information about or to register for any of our parent education classes, call (559) 324-3773.**



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contact us

## Address & Phone

### Mailing Address

Clovis Community Medical Center  
Family Birthing  
2755 Herndon Avenue  
Clovis CA 93611

### Questions/Scheduling

(559) 324-4000

## Pre-Registration

Visit our website at [www.ClovisCommunity.org](http://www.ClovisCommunity.org) to pre-register. Community Medical Centers requires 3 business days prior notice for all online pre-admission registration. OB patients may pre-register no earlier than 20 weeks into your pregnancy.

Upon Arrival at the hospital you will need to complete the admission process by:

- Providing all of your insurance card(s)
- Providing copies of durable power of attorney (if applicable)
- Signing consent and/or authorization forms
- For patients that have insurance co-pays, deductibles, or are self-pay patients, you will need to be prepared to pay for services prior to your appointment. We gladly accept Checks, Credit Cards, and/or Cash.



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AT CLOVIS COMMUNITY MEDICAL CENTER

## Visitor Guide

Safety and security is a top priority at Clovis Community Medical Center. We have strict procedures in place to ensure the safety of your baby. The Peters Future Generations Center is a locked unit.

To enter the labor and delivery and postpartum units, visitors must request access by using the intercom located outside of each area. Visitors will be able to enter the unit after appropriate verification is obtained by staff.

The following guidelines are for patient safety, privacy and comfort and are strictly enforced. These guidelines may be modified based on the recommendations of The Centers for Disease Control and Prevention (CDC):

## Labor & Delivery

- **During active labor there may be three designated adult visitors which include the father or significant other.**
- The three designated visitors will be given a wristband and will be the only people allowed during labor and delivery. All other visitors must wait in the waiting room.
- Siblings under 12 years of age are required to have completed a Sibling Class (see Preparation and Education section for a complete listing of childbirth classes before attending labor and delivery).
- The sibling must have a designated adult supervisor other than the primary labor coach. The sibling is not considered one of the three visitors.
- In the event of a cesarean section, only 1 visitor may accompany the patient into the operating room.
- For the privacy, safety and comfort of our patients there is to be no video or pictures taken during the active birth process.

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## Postpartum

- **Visiting hours are from 10 am to 9 pm. *For infant security reasons, all visitors will be checked in and out at the front desk.***
- Father or significant other and siblings of the newborn may visit between 8 am to 10 pm.
- Quiet time is provided from 2 am to 4 am and 2 pm to 4 pm. This time is provided to allow our families to rest. Please limit visitors to one during this time.
- All visitors must check in at the front desk and obtain a visitor's pass before entering the patient's room.
- A maximum of three adult visitors including the father/significant other will be allowed at the patient's bedside.
- Children other than siblings of the newborn who are 12 years of age or older are welcome to visit.
- Patients in a private room are permitted to have one adult visitor spend the night.
- Visitors are limited to healthy individuals only. No sniffles, sneezing, coughing, fever, vomiting, diarrhea or rashes. No exposure to chicken pox, measles or mumps within the past two weeks.
- Please advise your visitors to wash their hands before handling your baby.

## Special Care Nursery

- **The nursery is closed to visitors between 6:30 am – 8:30 am and between 6:30 pm – 8:30 pm for nursing shift change.**
- **Only parents are allowed in the nursery to visit an admitted baby.**
- Family members including siblings may view the baby through the nursery windows and ONLY when a parent is present.
- Parents are required to show the numbered identification wristband when they visit their baby in the nursery.

***These guidelines will be modified to follow the recommendations of The Centers for Disease Control and Prevention (CDC) during the flu season.***

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## Hospital Amenities

### **ATM Machine**

The ATM Machine is located in the hospital cafeteria, “The Grove”.

### **Chapel**

The chapel is located on the second floor between the waiting room and ICU.

### **Dining:**

**The Grove** (cafeteria) is open daily from 7 am to 7 pm.

- Breakfast 7 am – 9:30 am
- Lunch 11 am – 1:30 pm
- Dinner 4:30 pm – 7 pm

The Grove features a Manhattan Deli station where you will enjoy specialty made-to-order sandwiches. The Field of Greens station features tossed-to-order fresh salads. Our Spotlight station consists of healthy, light cuisine featuring full meals with less than 600 calories. We also offer a pizza bar and soup station.

**Evert’s Bistro** is open Monday – Friday from 7 am – 3:30 pm.

The Bistro features gourmet sandwiches, wraps and salads. Visitors will want to stop by The Bistro for a cup of Starbucks’ coffee and one of our fresh pastry items.

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AT CLOVIS COMMUNITY MEDICAL CENTER

## **Hospital Amenities *continued...***

### **For Deliveries**

Flowers and mail for patients can be sent to:  
Clovis Community Medical Center  
2755 Herndon  
Clovis CA 93611  
Attn: Patient's Name

### **Gift Shop**

The gift shop is located in the main lobby and is open Monday – Friday from 9 am – 4:30 pm and on Saturdays from 12 pm – 4 pm.

### **Parking**

**Valet Parking** is available Monday – Friday from 7:30 am – 4:30 pm. This complimentary service is available to patients and visitors at the Main Hospital Entrance under the circle drive. Please contact the front desk at the hospital at (559) 324-4000 if you have any questions regarding the complimentary parking assistance.

**RV Parking** is available upon request. Please contact the front desk at the hospital at (559) 324-4000 if you have any questions regarding RV Parking.

### **Smoking Area**

Clovis Community is a smoke-free facility. For visitors who wish to smoke there is a designated smoking area located on the patio just north of the cafeteria (The Grove).

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## Hospital Amenities *continued...*

### Website

Please visit our website at [www.ClovisCommunity.org](http://www.ClovisCommunity.org).

### Wireless Access

Clovis Community is pleased to offer wireless Internet connectivity for guests and patients throughout the hospital. In order to use this service you will need a device that supports the “Wi-Fi” (802.11b or 802.11g) wireless standard. Nearly all wireless cards sold for laptops and other wireless devices work with these standards.



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